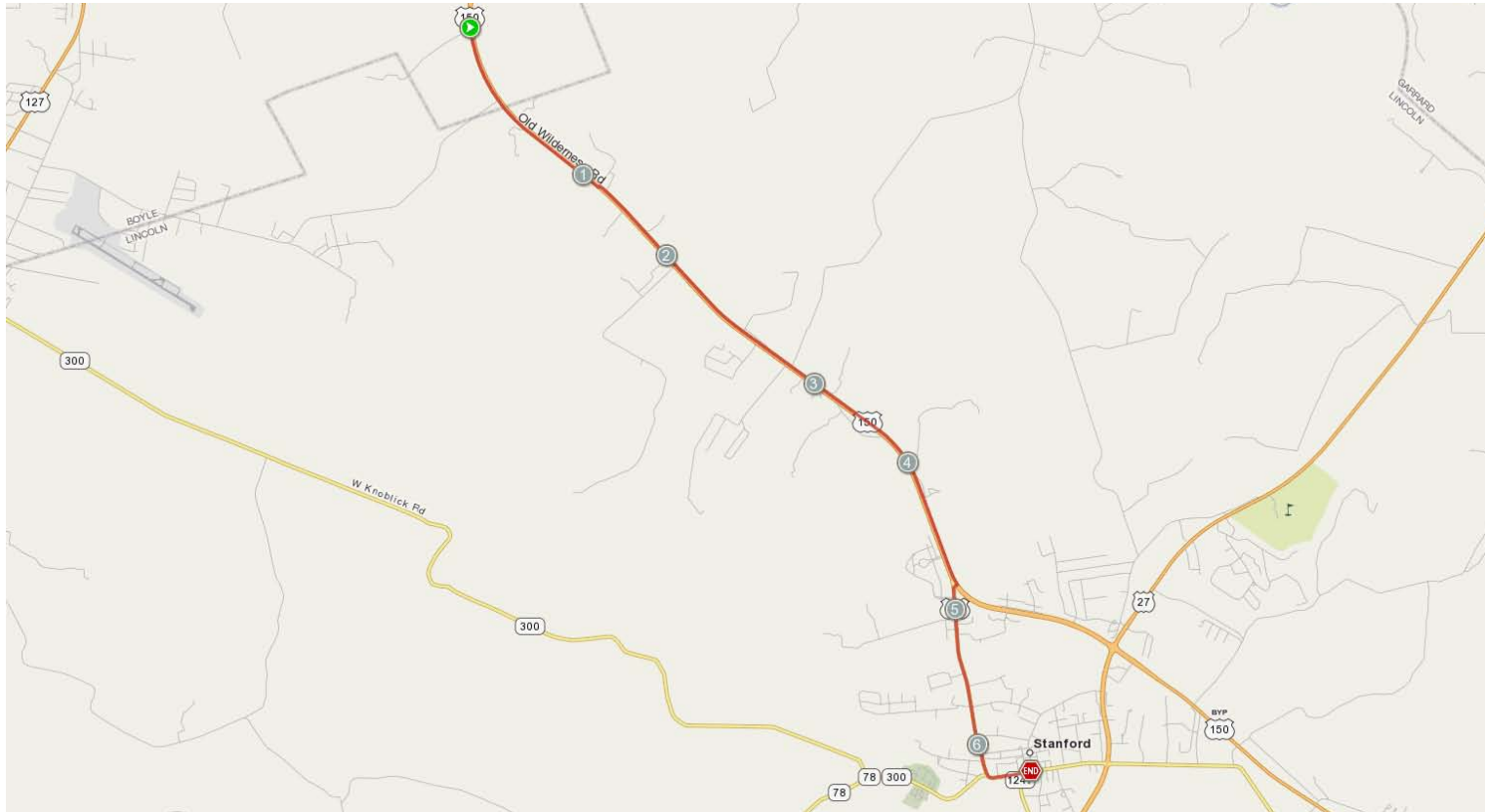


6.4 Miles - Standing Fort (Stanford)



Leg 16 (D)

Description: Rated "Difficult," but it isn't so bad. The road is wide and Stanford's Main Street is welcoming.

0.0 mi. - Continue east on US 150 working a gradual uphill climb into Lincoln County

0.7 mi. - Rewarded with a nice downhill section

2.2 mi. - Cross concrete bridge

4.5 mi. - Pass shopping center (Food Lion) on right.

4.7 mi. - Cross US 150, veer right and follow sign for KY 300, turning at the Sunset Motor Lodge; this is Danville Ave, sidewalk soon appears

5.9 mi. - Continue left around curve - following sign for KY 78 (not KY 300), road becomes Main Street

6.4 mi. - Exchange at Main and Lancaster Street by Lincoln County Court House

